



TROT
Therapeutic Riding Of Tri-Cities

Multiple Choice (select the best answer):

1. The first choice of a frightened horse is to:
 - a. Neigh loudly
 - b. Stand and paw the ground
 - c. Run away

2. When approaching a horse, you should approach him:
 - a. At his shoulder
 - b. From the front
 - c. From the rear

3. A horse should be tied up with:
 - a. The bridle reins
 - b. A rope attached to his bit
 - c. A halter and lead rope

4. When leading a horse safely, you should:
 - a. Walk on his left, halfway between his head and his shoulder
 - b. Walk in front of him
 - c. Walk on his right halfway between his head and his shoulder

5. To remove tangles from the horse's mane or tail:
 - a. Start at the bottom and work up through the tangles
 - b. Comb downward through the tangles
 - c. Use scissors to remove bad tangles

6. When riding, your eyes should be:
 - a. Looking down to be sure your horse is behaving
 - b. Looking at your hands, seat and heels to be sure that they are in position
 - c. Looking ahead to see where you are going

7. To stop your horse, you should:
 - a. Pull on the reins very hard to make him obey you
 - b. Say "Whoa" loudly several times
 - c. Say "Whoa" and then shift your weight back and check and release on the reins

8. When riding at the trot, you should keep your hands
 - a. Up in the air and out to the sides for balance
 - b. Quiet, not pulling on the horse's mouth
 - c. Pulling on the reins for balance and to keep the horse under control

9. When approaching a horse in a tie stall, what should you do first:
 - a. Place your hand on his rump and move him over
 - b. Speak to him and get his attention
 - c. Stand behind him as you enter the stall

10. When mounting, you should never:
 - a. Hold on to your reins
 - b. Dig your toe into the horse's ribs
 - c. Ask your teacher to check your equipment

True or False

- _____ 1. Feeding treats to horses can get your fingers bit.

- _____ 2. When leading with a lead rope, you can wrap the leftover rope around your hand.

- _____ 3. You should speak to your horse before touching him.

- _____ 4. Saddling is done from the left side.

- _____ 5. When riding properly, your heels should be higher than your toes.

- _____ 6. On trial rides, you should not let your horse eat grass.

- _____ 7. Going uphill, lean back for better comfort and safety.

- _____ 8. The clothes you wear for riding don't matter except for show.

- _____ 9. A rubber currycomb is used to scrub in circles or against the way the hair grows.

- _____ 10. When you turn your horse while leading him, you should usually turn him around to the right.

Short Answers (fill in the missing word)

1. When riding Western, the reins are usually held in your _____ hand.

2. The four natural aids are:
 - a. _____
 - b. _____
 - c. _____
 - d. _____

3. Squeezing with your legs tells your horse to _____.
4. If you make a turn which takes you off the rail, into the center of the ring, and then back to the rail going in the opposite direction, it is called a _____.
5. When a rider rises up and down with the beats of the trot, he is _____
_____.

GROOMING TOOLS MATCHING GAME



- A. Comb B. Hoof Pick C. Curry Comb
- D. Soft Brush E. Hard Dandy Brush

Choose from the letters above the appropriate answer:

1. What do we use to clean out the hooves? _____
2. What do we use to brush the mane? _____
3. What do we move in small circles to massage and deep clean the body? _____
4. What brush do we use in the same direction of hair growth on the body? _____
5. What brush can we use on the face? _____

HORSE TACK WORD SCRAMBLE

See if you can unscramble all 15 words!

1. DRELIB _____

2. EETRWSN ESDALD _____

3. HNGLSIE ESDLA _____

4. INRSE _____

5. DALSD E DPA _____

6. EALRHT _____

7. DELA EORP _____

8. HRSOE TEABKLN _____

9. BTI _____

10. SOEN BNDA _____

11. UTRSIRP _____

12. RNOH _____

13. AEST _____

14. OMEPML _____

15. ELTCNA _____

HORSE BODY PARTS

H C V H X Q N E C K H D U B J Z S Y M X T J W P
 T X N W O J I P K O Q C H E S T L F Q A G G W F
 Z F R B U S M I I N M P U K N E E L W W S N Q A
 M W N B M N L J J X A A U T E E D A O L B L O G
 P C A N N O N P W Z N S F L C A V N K P O B D T
 Q H O O F C N R I S E T X R U H V K H O C K C S
 M Q U V E Q P M T T C E W P Y T O F S Q S Z X N
 O K W O V T P Q H N Z R G N O S T R I L Z L Z N
 X S B Y C F B L E P F N F L T A I L U Q Y C L H
 P M A Q N S A E R T M D E D B J F G W Y H N Y U
 O N R U J I H F S X T J T E G M E U S V I L Q A
 L H R V G F C H V R X A L X J K Q J G Y U C G P
 L Y E S T O M M I S H W O K O P Q O W Y J X F Y
 A O L S C R X U C M P L C S H O U L D E R D R C
 O V L J R E F Z Z C E Y K Y O U S U J F C J D I
 O V C A T L A Z T U H Y F T Q M L N H K M I J O
 R K X H G O P L E Y E H J D N I H M X F W W F G
 F K B I F C Y E N Y H H Z O M G K O Z S A C W Q
 N R I P B K T G B K E M M C X R L X F C S J G F
 K T C I E C U L I O N U B K Z K S S G E F V C P
 K X D I B R K W A T P S R J G T Q E W W H K P S
 F W D H B O C I C V L Q Q H Y S J A J A V R U Z
 W D C L I U J I F I Y F T C R U D R F O D K N J
 F W K K U P W B S M R T Q K C J G Y X V Z E O S

poll	chest	flank	barrel	lion	dock	croup	fetlock	cannon
knee	pastern	hock	hip	withers	shoulder	hoof		
ear	forelock	eye	muzzle	neck	tail	mane	nostril	

ANSWERS TO TESTS

LEVEL 1: WRITTEN TEST

Multiple Choice

1. C
2. A
3. C
4. A
5. A
6. C
7. C
8. B
9. B
10. B

True and False

1. T
2. F
3. T
4. T
5. F
6. T
7. T
8. F
9. T
10. T

Short Answers

GROOMING TOOLS MATCHING GAME

1. B
2. A
3. C
4. E
5. D

HORSE TACK WORD SCRAMBLE

Bridle Western Saddle English Saddle Reins Saddle Pad Halter Lead Rope
Horse Blanket Bit Nose Band Stirrup Horn Seat Pommel Cantle