



Dear Prospective Rider:

Thank you for your interest in Therapeutic Riding of Tri-Cities (TROT). We look forward to working with you. Our mission is to promote the physical, psychological and social well-being of persons with disabilities through their interaction with a therapeutic team consisting of a horse, an instructor and/or a therapist and volunteers. TROT is a non-profit organization that provides therapeutic riding and other equine-assisted activities to individuals with special needs.

Applying to become a TROT participant is a three-step process: 1. Application, 2. Submission, 3. Evaluation. First, complete the enclosed application (You complete the *Participant Application* and *Participant Release*; your physician completes the *Medical History* and *Physician Release*). Second, return the completed forms to TROT. Third, schedule an evaluation by calling or emailing me. If at any step in this process you need assistance, please do not hesitate to contact TROT.

Evaluations take about 45 minutes, including both an office portion and a brief mounted exercise. We will work together to decide which program is appropriate for each rider. Following a successful evaluation and the determination that services can safely be provided, either you or your rider will be eligible to participate in TROT's upcoming sessions.

For everyone to get the most out of the experience with TROT, we strive to provide the safest possible conditions. Please review the attached policies and contact TROT with any questions.

We look forward to having your rider grow and learn with us!

Sincerely,

Cynthia MacFarlan
Founder and President

Participant Policies

1. The acceptance and continuation of a participant depends on the availability of instructors, volunteers, and suitable horses.
2. Rider weight limit is subject TROT's Height/Weight policy and horse availability.
3. TROT retains the right at any time to refuse any participant who we cannot safely accommodate.
4. Participants must inform us of any changes in their health status.
5. An annual update of the Medical History Form and Physician Statement is required.
6. When near/on horses, participants must wear ASTM-approved riding helmets, which TROT can supply.
7. Appropriate clothing, e.g. closed-toe shoes (1/2" heels if possible), is required.
8. Applicant must be covered under insurance.
9. Parent or guardian must always be on premises and actively engaged in viewing.

Barn Rules

1. CLOSED TOE SHOES
2. LONG PANTS
3. NO JEWELRY
4. NO FEEDING THE HORSES
5. HELMETS ARE A MUST
6. BE ON TIME
7. NO RUNNING OR YELLING

We are available to answer any questions regarding the application, evaluation, programs, and/or fees that may arise. Thank you again for your interest in our programs. We look forward to working with you and/or your rider.

Contact Information:	Director	Cynthia MacFarlan	509-430-2215
	Family Coordinator	Julia Ray	509-539-0488
	Main Office		509-412-0112